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SHRI RAWATPURA SARKAR UNIVERSITY, RAIPUR, CHHATTISGARH FACULTY OF ENGINEERING

Fine

Four Years B.Tech. Programme

Scheme of Teaching and Examination of B.Tech. First Semester

(Common to all Branches of Engineering)

Outcome Based Education (OBE) and Choice Based Credit System (CBCS)

(Effective from the Academic Year 2022-2023)

	Course			Hours Weel			Maxi	mum Marl	(S	Sem End Exam
S.No.	Códe	Course Title	L	Т	Р	Credits	Continuous Evaluation	Sem End Exam	Total	Duration (Hrs)
1	BT101T	Mathematics-I	3	1	-	4	30	70	100	3
2	BT102T	Engineering Drawing and Graphics	1	1	-	2	30	70	100	3
3	BT102P	Engineering Drawing and Graphics	-	-	4	2	. 15	35	50	-
4	BT103T	Professional Communication Skills	3	-	-	3	30	70	100	3
5	BT103P	Professional Communication Skills			2	1	15	35	50	
6	BT104T	Engineering Physics	3	1	-	4	30	70	100	3
7.	BT104P	Engineering Physics	-	-	2	1	15	35	50	-
8	BT105T	Environmental Science and Engineering	3	1	-	4	30	70	100	3
9	BT106T	Basics of Electrical Engineering	3	1		4	30	70	100	3
10	BT106P	Basics of Electrical Engineering			2	1	15	35	50	
11	BT107P	Yoga/ Health (Audit)	1	-	2	-			-	-
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Course Title	itle Mathematics-I						
Course Code	BT	1017	Г				
Course	L	Т	Р	TC			
Credits	3	1	-	4			
Prerequisites	Ge	ener	al I	Mathe	ematics		
Course objectives	2. 3.	Us trig Ap	e ar gono ply	nd imp ometr the k	ices as a tool of Linear Algebra portance of y. nowledge of consistency/inconsistency of a linear system. the statistics.		
	Ra & Ur Su	ink eige nit –	& ir en v - II ssiv	ectors Diffe e diff	by elementary transformation; system of linear equations; eigen values caley-Hamilton Theorem. Fential Calculus ferentiation, Leibnitz's theorem; expansion of functions in Taylor's & fees; tracing of simple curves.		
Course Contents	Re rev Ur Pa fui	educ volu nit – rtial nctio	tion tion - IV de ons	n form n, cent Part rivativ of tw	gral Calculus nula, application of integration to rectification, quadrature, volume of re of gravity & moment of inertia. ial Differentiation yes, Euler's theorem on homogeneous functions, maxima & minima of o variables, Lagrange's method of undetermined multipliers, Jacobians; ander the integral sign.		
	Unit – V Ordinary Differential Equations & Applications Exact differential equations, reducible to exact form; first order differential equations (non-linear); application to simple electrical circuits & heat flow.						
Course outcomes	1. 2. 3.	So Ap Ap	lve oply oply	the pr the m the k	his course student will be able to: oblem related algebra,general quadratic equations natrics, calculus, trigonometry in various applications. nowledge of consistency/inconsistency of a linear system. cept of solving vector equations.		
Text Books							



Reference Books	1. Higher Engg. Mathematics by B. S. Grewal (38 th edition)-KhannaPublishers.
DUUKS	2. Differential Calculus by Gorakh Prasad – PothishalaPrivateLimited.



Course Title	En	ngin	eeri	ing Drawi	ng & Graphics					
Course Code	BT	102	Г							
	L	Т	Р	Details						
Course Credits	1	1	-	2						
	-	1		_						
Prerequisites	NI	NIL								
Course objectives	 To provide basic concepts in engineering drawing To impart knowledge about standards principle's of orthographic projection of object 									
		-			UNIT – I Igineering Drawing, Lines, Lettering, Dimensioning, Scales: ion, Type of Scale, Plain and Diagonal Scale.					
	pro	UNIT – II Projection: Introduction, Principle of Projection, method of projection, planes of projection, four quadrants, first and third angle projection, reference line, symbols for methods of projection, Orthographicprojection and Isometric Projection								
Course Content s	UNIT – III Introduction to CAD software, merits and demerits of CAD, Application of CAD, GUI, limits and units, Basic co-ordinate system, setting of status bar option-snap, grid, O- snap, Dynamic input, ortho, polar, and etc. concept of block, viewports and layer. UNIT – IV									
	Drawing Tools: Circle, Arcs, Rectangle, Polygon, Ellipse, Spline, Poly-Line, and Multi- Line. Editing Tools: Trim, Move, Copy, Rotate. Geometry Modifying Tools: Fillet, Chamfer, Scale, Stretch. Copying Tools: Array, Mirror, and Offset. Dimensioning and Annotations.									
	we mo	edge odif	e. S ying	olid editi tools: 3D	UNIT – V ensional model, basic primitives' tools: extrude, revolve, sweep, loft, ng Tools: shell, round, taper faces, copy faces, chamfer edges, move, 3D- copy, rotate, scale, align. Copying tools: array and its type,					
Course outcomes	At	1. 2. 3. 4.	Im Pro Pro Pro De	portance of ojection ojections of ojections of evelopmen	1					
Text and References	Na	• • •	Bh Ge En Bre	orge Omu gineering others, Ne	"Elementary Engineering Drawing", Charotar Book Stall, Anand ra, " Mastering AutoCAD" B.P.B. Publication, New Delhi Graphics – Laxminarayanan& V. and VaishWanar, R.S. Jain					



• Engineering Graphics – K.L. Narayan and P. Kannaih, Tata McGrawHill
• A Text book of Engineering Drawing (Plane & Solid Geometry) – N.D. Bhatt &
V.M. Panchal, CharotarPublishingHouse
• The Fundamental of Engineering drawing and Graphics Technology – French and
Vireck, McGrawHill.
• AutoCAD: A problem solving approach- Tickoo, S. Delmar Cengage
Learning2015.
 Mastering AutoCAD and AutoCAD LT-George Omura, Brian C. Benton, Wiley publisher, 2018.



Course Title	Professional Communication Skills							
Course Code	BT103T							
Cours	L T P TC							
e	3 3							
Credit s								
Prerequisite	General English							
S	1. Understand the behavioral needs for aneffective communication.							
G	2. Communicate effectively (Verbal and Non Verbal).							
Course Objective	3. Develop skills on writing, reading, speaking, and grammar.							
S	4. Make a report, write an application and frame a sentence.							
	UNIT – I Key Concepts:Process and Elements of Communication: context of communication: the							
	Key Concepts:Process and Elements of Communication: context of communication; the speaker/writer and the listener/reader; Medium of communication; Principles of communication (7 C's of communication); Barriers in communication, effective communication; Communication in organization.							
	UNIT – II Writing: Selecting material for expository, descriptive, and argumentative pieces; Resume; covering letter, Elements of letter writing and style of writing, business letters: Quotation and Tenders; Basics of Informal and Formal Reports-technical report writing,							
Course	lab report; Précis writing. UNIT – III							
Contents	Reading: Effective Reading; reading different kinds of texts for different purposes; reading between the lines. Comprehension of Unseen Passages.							
	Grammar in use: Errors of Accidence and syntax with reference to Parts of Speech; Agreement of Subject and Verb; Tense and Concord; Use of connectives, Question tags. Voice and Narration. Indianism in English: Punctuation and Vocabulary, Building (Antonym, Synonym, Verbal Analogy and One Word Substitution).							
	UNIT - IV							
	Speaking: Achieving desired clarity and fluency; effective speaking; task-oriented, inter- personal, informal and semi-formal speaking. Meetings, Seminar, Conferences, Interviews, Presentation, Audio-visual communication.							
	UNIT – V							
	Listening: Achieving ability to comprehend material delivered at relatively fast speed;							



	comprehending spoken material in Standard, Indian English, British English and
	American English; Intelligent listening in situations. Advantages of listening. Hearing and Listening; Essentials of Good Listening. Use of Modern Communication Devices;
	Telephonic Conversation.
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	At the end of this course student will be able to:
Course	1. Write a various kind of letters.
outcomes	2. Present him/her self with grammar as well as effective communication.
	3. Have a good word power and listening capability
	1. Professional Communication Skills, Alok Jain, P S Bhatia & A M Shiekh, S.
	Chand & Company Ltd. 2005.
	2. Essentials of Business Communication, Rajendra Pal and JS Korlahalli, Sultan
	Chand & Sons, 1997.
Text Books	3. A Communicative Grammar of English, Geoffrey Leech & Jan Svartvik,
	ELBS Longman, England.
	4. The Skills of Communicating, Bill Scott, Jaico Publishing House, Mumbai, 2004.
	5. Speaking English Effectively, Krishna Mohan & N. P. Singh, MacMillan
	India, New Delhi; 2001.
	1. A guide to Correct English - Oxford University Press, Ely House, London
	W.I., Latest Edition. (For UnitIII)
Reference	2. Introduction to Communication Studies, Fiske, john,Rotledge London,1990.
Books	3. Business Corresponding and Report Writing, Sharma RC& Mohan K, Tata
	McGraw Hill, New Delhi, 1994.
	4. 100 Tests in VOCABULARY; Indian Institute of Publishing, Chennai.



Course Title	Engineering Physics					
Course Code	BT104T					
Course Credits	L T P TC 3 1 - 4					
Prerequisites	Basic Science					
Course objectives	 To study of basic concept of physics. Understand the concept of relativity, various principles. 3. 					
	UNIT–I Theory of Relativity					
	Space, time and motion, frame of reference, Galilean Transformation Outline of relativity, Michelson-Morley experiment, Special theory of Relativity, transformation of space and time, Time dilation, Doppler effect ,length contraction, addition of velocities, Relativistic mass: variation of mass with velocity, kinetic energy, equivalence of mass and energy, Relation between energy and momentum.					
Course	UNIT-II Nuclear Physics Controlled and uncontrolled chain reaction, criteria of critical mass, nuclear reactor and its site selection &numerical ,nuclear forces, Nuclear fusion in stars . Introduction of elementary particles. Electron ballistic: Motion of charged particles in electric and magnetic field. AstonandBainbridge mass spectroscopy					
Contents	UNIT-III					
	Geometrical Optics Cardinal points of coaxial system of thin lenses, equivalent focal length, location and properties of cardinal points. eye piece (Ramsden&Hygen`s), Magnetostriction oscillator and Piezo-electric oscillator for production of ultrasonic waves, wavelength of Ultrasonic waves and its engineering applications, Basic requirements for an acoustically good hall. Reverberation and Sabine's formula for reverberation time, Absorption coefficient and its measurement, Factors affecting architectural acoustics and their remedy.					
	UNIT –IV					
	Wave Optics wedge shaped films, Interferences by division of amplitude: Newton's rings and its applicationsInterference by division of wave front: Fresnel's bi prism, fringe width, diffraction grating, resolving power of grating.					
	UNIT- V Lasers					



	Temporal and spatial coherence of light wave Principle of laser, Laser characteristics, components of laser, Principle of Ruby, He-Ne &Nd -YAG lasers, application, basic concepts of Holography (only introductory part, No detail derivation) Fiber optics:Optical fibers; introduction & advantages, structure & classification, Option of propagation in fiber, attenuation & distortion, acceptance angle and cone, numerical aperture (only introductory part, No detail derivation).
Course outcomes	At the completion of the course student shall be able to understand: 1. Theory of Relativity 2. Nuclear Physics 3. Geometrical Optics 4. Wave Optics 5. Lasers
Text and References	 Name of the Text Books: Gaur and Gupta "EngineeringPhysics" Avadhanulu and Kshirsagar "EngineeringPhysics". Jenkins and White: "Optics", McGraw-Hill BookCompany. Singh R.B. : "Physics of Oscillations andWaves" GhatakA.K.:"Optics" Mani and Mehta: "Modern Physics", Affiliated East-West Press Pvt. Ltd,1998. SanjeevPuri: Modern Physics, Narosa Pub. Co.2004. Kaplan: Nuclear Physics, Narosa Publishing,1987. Tyagrajan and Ghatak, "Laser", Mac Millan,2001 Brijlal and Subramaniam"Atomic and NuclearPhysics"



Course Title	Environmental Science & Engineering				
Course Code	BT105T				
Course Credits	L T P TC 3 1 - 4				
Prerequisites	Basic Science				
Course objectives	 Create the awareness about environmental problems among students. Impart basic knowledge about the environment and its allied problems. Develop an attitude of concern for the environment. Motivate students to participate in environment protection and environment improvement. 				
Course Contents	UNIT – I General: Environmental segments, environmental degradation, environmental impact assessment. Concept of Ecosystem: Fundamental of Ecology and Ecosystem, components of ecosystem, food-chain, food- web, trophic levels, energy flow, cycling of nutrients, major ecosystem types (forest, grass land and aquatic ecosystem). UNIT – II Air Pollution: Atmospheric composition, energy balance, classification of air pollutants, source and effect of pollutants – Primary (CO, SOx, NOx, particulates, hydrocarbons), Secondary [photochemical smog, acid rain, ozone, PAN (Peroxy Acetyl Nitrate)], green house effect, ozone depletion, atmospheric stability and temperature inversion, Techniques used to control gaseous and particulate pollution, ambient air quality standards.				
	UNIT – III Water Pollution: Hydrosphere, natural water, classification of water pollutants, trace element contamination of water, sources and effect of water pollution, types of pollutants, determination and significance of D.O., B.O.D.,C.O.D. in waste water, Eutrophication, methods and equipment used in waste water treatment preliminary, secondary and tertiary. UNIT – IV Land Pollution & Noise Pollution: Lithosphere, pollutants (agricultural, industrial, urban waste, hazardous waste), their origin and effect, collection of solid waste, solid				



Noise Pollution: Sources, effect, standards and control.							
UNIT – V	UNIT – V						
Environmental Biotechnology: Definition, current status of biotechn	Environmental Biotechnology: Definition, current status of biotechnology in						
environmental protection, bio-fuels, bio-fertilize, bio-surfactants, bio-sensor,	bio-chips,						
bio-reactors.							
Pollution Prevention through Biotechnology: Tannery industry, paper a	ind pulp						
industry, pesticide industry, food and allied industry.							
At the end of this course student will be able to:							
1. Acquire skills to help the concerned individuals in identifying and solving							
Course outcomesenvironmental problems.2. Strive to attain harmony with nature.							
3. Spread the various environment pollution awareness among the people.							
1. Environment and Ecology by Piyush Kant Pandey and Dipti Gupta (Sun	n						
IndiaPublication)							
2. A Textbook of Environmental Chemistry and Pollution Control by S.S	. Dara (S.						
Text Books Chand and Company)							
3. Introduction to Environment Engineering and Science, Masters, G.M.	(Prentice						
Hall ofIndia).							
4. Environmental Chemistry by A.K. Dey (EasternLtd.).							
5. Environmental Chemistry by B.K. Sharma (KrishnaPrakashan).							
1. Environmental Science, Nebel B.J., Prentice Hall ofIndia-1987.							
Reference 2. Environmental Biotechnology by S.N. Jogdand, Himalaya PublishingHou	ıse.						
Books 3. Introduction to Environmental Biotechnology by A.K. Chatterji, Prenti	ice Hall						
ofIndia.							



Course Title	Basics of Electrical Engineering
Course Code	BT106T
Course Credits	L T P TC 3 1 - 4
Prerequisites	Basic Science
Course objectives	 Create the awareness about environmental problems among students. Impart basic knowledge about the environment and its allied problems. Develop an attitude of concern for the environment. Motivate students to participate in environment protection and environment improvement.
	 Unit - 1 D.C. Networks: Introduction, Classification of elements – active , passive, unilateral, bilateral, linear, nonlinear, lumped and distributed; Electric circuit, Ohm's law, Kirchhoff's laws, Mesh and Nodal analysis, Delta-Star and Star-Delta Transformations, Superposition theorem, Thevenin's and Norton's theorems, Maximum Power Transfer theorem (Only independent sources). Unit - 2 Single Phase A.C. Circuits: Production of ac voltage, waveforms and basic definitions, root mean square and average values of alternating currents and voltage, form factor and peak factor, phasor representation of alternating quantities, the j operator and phasor algebra, analysis of ac circuits, series circuits, parallel circuits, series parallel circuits, power in ac circuits. Unit - 3 Three Phase AC circuits: Introduction, Generation of Three-phase EMF, Phase sequence, Connection of Three-phase Windings - Delta and Star connection : Line and Phase quantities, phasor diagrams, Power equations in balanced conditions. Magnetic Circuits: Introduction, Magnetor force (MMF), Magnetic field strength, Reluctance, B-H curve, Comparison of the Electric and Magnetic Circuits, Series-Parallel Magnetic Circuit, Leakage flux and fringing, Magnetic Hysteresis, Eddy currents. Unit - 4 Single phase Transformers: Introduction, Principles of operation, Constructional details, Ideal Transformer and Practical Transformer, EMF equation, Rating, Phasor diagram on no load, Losses, Efficiency calculations. Direct current machines: Constructional details, Principle of operation of DC machines, e.m.f. equation, Torque production, classification of DC machines, Starting of DC motors. (Only elementary treatment with simple problems on all the topics in this unit) Unit - 5
	Electrical Measuring Instruments: Introduction, classification of instruments – Indicating, Recording and Integrating type instruments; essential features of measuring instruments - deflecting torque, controlling torque, damping torque; Construction and



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	working of moving iron and PMMC instruments, Shunt and multipliers.
Course outcomes	 At the end of this course student will be able to: 4. Acquire skills to help the concerned individuals in identifying and solving environmental problems. 5. Strive to attain harmony with nature.
	 6. Spread the various environment pollution awareness among the people. 6. Environment and Ecology by Piyush Kant Pandey and Dipti Gupta (Sum IndiaPublication) 7. A Textbook of Environmental Chemistry and Pollution Control by S.S. Dara (S. Chand and Company)
Text Books	 8. Introduction to Environment Engineering and Science, Masters, G.M. (Prentice Hall ofIndia). 9. Environmental Chemistry by A.K. Dey (EasternLtd.). 10. Environmental Chemistry by B.K. Sharma (KrishnaPrakashan).
Reference Books	 Environmental Science, Nebel B.J., Prentice Hall ofIndia-1987. Environmental Biotechnology by S.N. Jogdand, Himalaya PublishingHouse. Introduction to Environmental Biotechnology by A.K. Chatterji, Prentice Hall ofIndia.



Course Title	Engineering Design and Graphics Lab						
Course Code	BJ	ВТ102Т					
Course	L	Т	P	ТС			
Credits	_	_	2	1			
Prerequisites	NI	L		•			
Course objectives	 To provide basic concepts in engineering drawing To impart knowledge about standards principle's of orthographic projection of object 						
					LIST OF EXPERIMENTS		
	 Study of any drafting software- GUI, limits and units, drawing tools, editing tools, annotations, etc. Study of co-ordinates systems- Cartesian and polar (absolute and relative system of measurement) and Practice drawing by using following tools: 						
Course	Grid, snap, O-snap, Lines, Erase, Zoom.3. Study and create drawing by using Drawing tools: Circle, arcs, rectangle, polygon, ellipse, Editing tools: trim, move, copy, rotate and practice of						
Contents	drawing using these commands.4. Study and create drawing by using Geometry modifying tools: fillet, chamfer, scale, stretch						
	 Study and create drawing by using copying tools like array, mirror, block and offset. Study and detailing of drawing by using dimensioning and annotations tools. Study and create drawing with different types of line by using Layer command Create geometry by modify it by using Scales- plane and diagonal scale and create conicssections- ellipse, parabola, hyperbola, rectangular hyperbola, involutes. Draw regular solids: Cube, Prism, Pyramid, Cylinder, Cones Draw sectional views of solids- Cube, Prism, Pyramid, Cylinder, Cones. 						
Course outcomes	At the completion of the course student shall be able to:1. Importance of Engineering Drawing2. CAD-Auto CAD or Pro-E						



Course Title	Pro	Professional Communication Skills Lab							
Course Code	BT 1	3T103P							
Course	L	Т	Р	ТС					
Credits	_	-	2	1					
Prerequisites	NI	L	1						
	1.								
Course	2.								
objectives	3			unication. nts should able to Have a good word power and listening capability					
	5.	51	uue	its should able to have a good word power and itstening capability					
				LIST OF EXPERIMENTS					
	(A	Any	ten	experiments can be performed)					
				exercises to be performed as practical work in language lab to train the					
		stuc	lent	s to beproficient incommunication.					
		1. Formal (Extempore and mock interviews) and Informal							
Course	Speaking(Situationaldialogues and Rateplay)2. Elementary Phonetics (Pronunciation of words; Intonation and Word Accession)								
Contents	3. Paralinguistic features of speaking (voice modulation, pitch, tone, etc.)								
0000000		4. Paper Presentation (Non-Technical & current Affairs)							
	5. Use of Audio-Visual aids: Preparation of transparencies, slides, power point presentationetc.								
	6. Body Language (Gestures / Postures during Role Play/Speaking and JAM								
			(Jus	st-a-Minute)Session.					
		7. Exercises on Listening Comprehension.							
		8.	ercises on Reading Comprehension.						
		9.	Eff	ective Writing (Business Letters, Covering Letter, Resume on Word Document.					
		ephoning (Telephonic Conversations)							
		11.	Inte	ernet exploration. (learn to browse, download and save information)					
Course	At		con	pletion of the course student shall be able to understand:					
outcomes		1.							



Course Title	Engineering Physics Lab							
Course	BT104P							
Code								
Course								
Credits	- $ 2$ 1							
Prerequisi tes	NIL							
	Students should be able to							
Course	1. State various laws which they have studied through experiments.							
objectives	2. Describe principles of LASER & Optical fibre.							
Course								
Contents	About $10 - 12$ experiments to illustrate the concepts learnt in Physics.							
	Suitable number of experiments from the following categories:							
	1. Mechanics							
	2. Optics and its applications							
	3. Electromagnetic							
	4. Semiconductor Physics							
	5. Laser & Optical fiber							
Course outcomes	 At the completion of the course student shall be able to understand: 1. State various laws which they have studied through experiments. 2. Describe principles of LASER & Optical fibre. 							



Course Title	Basics of Electrical Engineering Lab										
Course Code	BT106P										
	L T P TC										
Course Credits	- $ 2$ 1										
Prerequisi tes	NIL										
Course objectives	 Verify the basic laws and theorems of DC circuits. Analysis the RLC series, parallel and series, parallel ac circuits. Understand the construction and perform ratio test on a single phase transformer. To plot and find out the characteristics of a diode in forward and reverse bias. Top plot and find out the input and output characteristics of a transistor 										
	List of Experiments (To perform minimum 10 experiments) 1. To verify Thevenin's theorem and Norton's theorem.										
	 To verify Superposition theorem. To verify Kirchhoff's Current Law and Kirchhoff's Voltage Law. 										
	4. To verify Maximum Power Transfer theorem										
	5. To determine V–I characteristics of Incandescent lamp.										
Course	6. To study B-H curve.										
course	7. To measure current, power, voltage and power factor of series RLC circuit.										
Contents	8. To measure current, power, voltage of parallel RLC circuit.										
	9. To measure current, power, voltage of series parallel RLC circuit.										
	10. To measure R and L of choke coil.										
	11. To study construction of transformer.										
	12. To perform ratio test and polarity test of single phase transformer.										
	13. To calculate efficiency of single phase transformer by direct loading.										
	14. To study construction of D.C. machine.										
	15. To study charging and discharging of a capacitor. 16. To study the Wattmeter and Energy meter.										
Course outcomes	 At the completion of the course student shall be able to understand: The basic laws and theorems with the practical applications. Apply the knowledge in their daily life with electrical circuits. Visualize the magnetic and electric circuits in a transformer. Analyze diode circuits and to design and implement diode applications. Analysis and design circuits using bipolar transistors. 										



Course Title	Yo	Yoga/Health (Audit)						
Course Code	BT1	BT107P						
Course	L	Т	Р	ТС				
Credits	-	-	2	-				
Prerequisites	NI	L						
Course objectives	 To provide understanding the importance of health. To provide insight into the hygiene aspect & quality of life. 							
Course Contents	H wv ccc ur la ar U U C A N Pl	 UNIT- I HEALTH & HYGIENE: Concept of health, Physical health and mentall health and wellbeing and how to achieve these, longevity and how to achieve it, concept and common rules of hygiene, cleanliness and its relation with hygiene; Overeating and underrating, amount of food intake required, intermittent fasting; adequate physical labour, sleep; consumption of junk fast food vs nutritious food; fruits, vegetables cereals and qualities of each of these. UNIT-II INTRODUCTORY KNOWLEDGE OF COMMON STREAMS OF MEDICINAL CURE: History, development, basic concepts, modes of operation of Alopathy, Ayurved, Homoeopathy, Biochemic, Unani, Siddha, Accurpressure, Accupunture, Naturopathy, Yogic and Herbal system of medicines, Introduction of Anatomy and Physiology concerned. 						
	 UNIT- III YOGASANS: Meaning and concept of Yoga, Yogasans and its mode of operati to perform Yogasans, Common Yogasans with their benefits, such as, Padahasta Sarvangasan, Dhanurasan, Chakrasan, Bhujangasan, Paschimottasan, Gomukhas Mayurasan, Matsyasan, Matsyendrasan, Pawanmuktasan, Vajrasan, Shalabhasan Sinhasan, Shashankasan, Surya Namaskar, Halasan, Janushirasan, Utshep Mudr UNIT-IV YOGASANS FOR COMMON DISEASES: From Yogic Materia Medica with symptoms, causes, asans and herbal treatment. Modern silent killers: High bloo pressure, diabetes and cancer, causes and cure; Common¬ health problems due stomache disorders, such as, indigestion, acidity, dycentry, piles and fissures, art its causes, prevention and cure. Asans for relaxation: Shavasan, Makarasan, Matsyakridasan, Shashankasan.¬ Asans to increase memory and blood supply to the stomache disorder to the stomache of the stomache and cure. 							
	SI D	hirsl	h pa itioi	dasan, Sha	ashankasan.¬ Asans for eye sight: Tratak, Neti Kriya .¬ Pranayam: s: Nadi Shodhan, Bhastrik, Shitakari, Bhramari useful for¬ students.			
	co	CONCENTRATION: concentration of mind and how to achieve it. Tratak, concentration on breath, jap, Ajapajap, internal silence, visualization in mental sky, concentration on point of light, concentration on feeling, concentration on figure.						



Course outcomes	 At the completion of the course student shall be able to understand: 3. To study the concepts of various medical therapy. 4. To practice the various yogasans. 5. To provide knowledge about common diseases and its cure through yagasans and pranayam. 6. To develop concentration through various methods.
Text and	Health, Hygiene & Yoga, Dr P B Deshmukh, Gyan Book Pvt Ltd. New Delhi.
References	Reference Books: (1) Yogic Materia Medica (2) Asan, Pranayam and Bandh.