

**Shri RawatPura Sarkar University,
Raipur**



Examination Scheme & Syllabus

For

MASTERS OF PSYCHOLOGY (M.A)

Semester-(IV)

(Effective from the session: 2022-23)



Shri Rawatpura Sarkar University, Raipur

Faculty of Arts

Masters of Arts (M.A) Psychology (Effective from the session: 2022 – 23)

Examination Scheme Semester (IV)

S.N	Course Code	Th/Pr	Subject	Type of Course	Teaching hours per week			TC	Examination Scheme				Total Marks
					L	T	P		Theory		Practical		
									EX	IN	EX	IN	
1	AMA10401	Theory	Clinical Psychology	CC 1	4	1		5	70	30			100
2	AMA10402	Theory	Testing & Measurement	CC 2	4	1		5	70	30			100
3	AMA10403	Theory	Counseling Psychology	CC 3	4	1		5	70	30			100
4	AMA10404	Practicum		Pr 4	3		2	5	70	30			50
5	AMA10405	Dissertation		Pr.			4	2			35	15	100
Total Contact hrs. per week: 24				Total Credit:				22	Grand Total Marks:				450



**MASTERS OF ARTS (M.A.)
PSYCHOLOGY
Semester-(III)
2022-23**

Course Title	Clinical Psychology				
Course Code	AMA10 301				
Course Credits	L	T	P	TC	
	4	1		5	
Prerequisites	<ul style="list-style-type: none"> • Introduction of Clinical Psychology 				
Course objectives	<ul style="list-style-type: none"> • Educate students about the core concepts of Clinical Psychology 				
Course Contents	<p style="text-align: center;">Unit – I</p> <p>Introduction: Scope of clinical psychology; overview of the profession and practice; history and growth; professional role and functions; current issues And trends; areas of specialization; ethical and legal issues; code of conduct.</p> <p style="text-align: center;">Unit – II</p> <p>Self and relationships: Self-concept, self-image, self-perception and self-regulations in mental health and illness; learned helplessness and attribution theories; social skill model; interpersonal and communication models of Mental illness; stress diathesis model, resilience, coping and social support.</p> <p style="text-align: center;">Unit – III</p> <p>Definition and classification of disability; psychosocial models of disability; impact, needs and problems; issues related to Assessment / certification of disability – areas and measures.</p> <p style="text-align: center;">Unit – IV</p> <p>Policies and Acts I : Rehabilitation Policies and Acts (Mental Health Act of 1987, National Mental Health Program 1982, the Persons With Disabilities (equal opportunities, protection of rights and full participation) Act 1995; Rehabilitation Council of India (RCI) Act of 1992.</p> <p style="text-align: center;">Unit – V</p> <p>Policies and Acts II : CP and Autistic Children 1999, Juvenile Justice Act of 1986; Mental Health Care Bill 2011; ethical and forensic issues in psychiatry practice); assistance, concessions, social benefits and support from government and voluntary organizations; contemporary challenges; Rehabilitation ethics and professional code of conduct.</p>				





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Course outcomes	<ul style="list-style-type: none">• Which will provide students conceptual basis thinking about Clinical Psychology
Text Books	<ol style="list-style-type: none">1. Fish, F, & Hamilton, M (1979). Fish's Clinical Psychopathology. Bristol: John Wright & Sons. Irallagher,2. B. J. (1995). The sociology of mental illness (3rd ed.). New York: Prentice hall.3. Kakar, S. (1981). The Inner world: a psychoanalytic study of childhood and society in India. New Delhi: Oxford University Press.4. Kapur, M. (1995). Mental Health of Indian Children. New Delhi: Sage publications.5. Klein, D.M. & White, J.M. (1996). Family theories – An introduction. New Delhi: Sage Publications.
Reference Books	<ol style="list-style-type: none">1. Pfeiffer, S.I. (1985). Clinical Child Psychology. New York: Grune & Stratton.2. Radley, A. (1994). Making sense of illness: The social psychology of health and disease. New Delhi: Sage Publications.3. Rao, H.S.R & Sinha D. (1997). Asian perspectives in Psychology (Vol. 19). New Delhi: Sage publications:4. Saraswathi, T.S (1999). Culture, Socialization and human development. New Delhi: Sage publications.





**MASTERS OF ARTS (M.A.)
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Course Title	Testing and Measurement				
Course Code	AMA10-402				
Course Credits	L	T	P	TC	
	4	2		6	
Pre Requisites	<ul style="list-style-type: none"> • Introducing of testing and measurement. 				
Course Objectives	<ul style="list-style-type: none"> • To understand student about testing and measurement. 				
Course Contents	<p>Unit – I <u>Historical development of psychological testing</u> Nineteenth Century to the present ;Nature and use of psychological tests , Nature of a psychological test ,Uses and varieties of psychological tests, Control in the use of a psychological test , Examiner and situational variables.</p> <p>Unit – II <u>Types of tests</u> Test construction: Item writing, item analysis.</p> <p>Unit – III <u>Reliability</u> Meaning of reliability, Types of reliability, Factors influencing reliability of test scores, How to improve reliability of test scores & Index of reliability.</p> <p>Unit - IV <u>Validity</u> Meaning of validity Types of validity Statistical methods for calculating validity Factors influencing validity Relation of validity to reliability.</p> <p>Unit – V <u>Norms and test scales</u> Meaning of Norm-referencing and criterion referencing Steps in developing norms & Types of norms and test scales</p>				



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Course Outcomes	<p><u>Attitude scale construction</u></p> <p>a) Method of equal-appearing intervals b) Method of summated ratings c) Method of cumulative scaling</p> <ol style="list-style-type: none">1. Understand the nature of psychological research and characteristics of scientific methods of research.2. Know the methods of test construction and standardization3. Know the different approaches to assessment of attitude.
Text books	<ol style="list-style-type: none">1. Anastasi, A & Urbina S. (1997) Psychological Testing. New Jersey : Prentice Hall International.2. D.Amato, M.R.(1979) Experimental Psychology, Methodology, Psychophysics and Learning. New Delhi: Tata Mc Graw-Hill.3. Freeman, F.B. (1971) Theory and Practice of Psychological Testing, New Delhi: Oxford and IBH publishing Company.4. Gronbach, I.J. (1960) Essentials of Psychological Testing. New york: Harper.
Reference Books	<ol style="list-style-type: none">1. Guilford J.P. (1954). Psychometric methods. New Delhi: Tata Mc Graw-Hill Publishing company Ltd.2. Gulliksen, H (1965) Theory Mental tests. New york: John Wiley.3. Kaplan, R.M & Saccuzzo, D.P (2007). Psychological Testing. Delhi: Cengage Learning India.4. Kerlinger, H (1978) Foundations of Behavioural Research New Delhi: Subject Publications.5. Nunnally, J. (1967) Psychological Measurement. New York: Mc Graw Hill.



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	<p>6. Singh A.K. (2004) Tests measurements and Research Methods in Behavioural science Patna: Bharati Bhavan Publishers and Distributors</p>
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**MASTERS OF ARTS (M.A.)
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Course Title	Counselling Psychology				
Course Code	AMA10 403				
Course Credits	L	T	P	TC	
	4	1		5	
Prerequisites	<ul style="list-style-type: none">• Introduction to Counseling Psychology.				
Course objectives	<ul style="list-style-type: none">• The objective of this course is to enable student to understand about Counseling Psychology.				
Course Contents	<p style="text-align: center;">UNIT- I</p> <p>Counseling: Meaning and definition of Counseling. Aim and Purpose of Counseling. Characteristics of counseled and counselor. Role and function of Counselor, systematic counseling.</p> <p style="text-align: center;">UNIT- II</p> <p>Areas of Counseling: Educational, Vocational, Family, Behavioral, Drug addict, Mental Retardation, Marriage and career counseling.</p> <p style="text-align: center;">UNIT- III</p> <p>Counseling Approaches: Psychoanalytic, Client-centered, Existential and behavioral.</p> <p style="text-align: center;">UNIT- IV</p> <p>Counseling Process: External Condition and Preparation. Structuring and Counseling Relationship. Counseling interview and degree lead by counselor. Non-verbal Behavior. Group Counseling approach.</p> <p style="text-align: center;">UNIT- V</p> <p>Evaluation of Counseling: Nature and purpose, Steps in evaluation and outcome research, Follow-up and Termination of Counseling.</p>				
Course outcomes	<ul style="list-style-type: none">• Upon successful completion of the course, the students should be able to understand about counseling Psychology.				
Text Books	<ul style="list-style-type: none">• Counseling: A Comprehensive Profession by Samuel Gladding.• Nirdeshan avam Paramarshan : Amarnath Rai & Madhu Asthana.				



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**Reference
Books**

- Counseling: A Comprehensive Profession by Samuel Gladding.
- Nirdeshan avam Paramarshan : Amarnath Rai & Madhu Asthana.



**MASTERS OF ARTS (M.A.)
PSYCHOLOGY
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Course Title	Practicum				
Course Code	AMA10 404				
Course Credits	L	T	P	TC	
	4	1		5	
Prerequisites	<ul style="list-style-type: none">• About lab				
Course objectives	<ul style="list-style-type: none">• The basic objectives of the practical courses is prepare student that how they can administer the psychological testing and what's its uses in everyday life.				
Course Contents	<ol style="list-style-type: none">1. 16PF(Any five Factor)2. Anxiety Scale/Death Anxiety3. MMPI4. Wechsler Adult Intelligence Test				
Course outcomes	<ul style="list-style-type: none">• Upon successful completion of the course, the students should be able to understand importance of psychological testing. Understand how to improve others personality through these testing.				
Text Books	<ul style="list-style-type: none">• Experimental Psychology by Dr. Sunita Agarwalla (Author).• Chadha, N.K. (2009) Applied Psychometry. Sage Pub: New Delhi				
Reference Books	<ul style="list-style-type: none">• Dyer, C. (2001) Research in Psychology: A Practical Guide to Research• Methodology and Statistics (2 Ed.) Oxford: Blackwell Publishers• Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4 Ed.).New Delhi: Pearson Education.				



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| | <ul style="list-style-type: none">• Kerlinger, F.N.& Lee, H.B.(1999). Foundations of Behavioural Research Wadsworth |
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