# Shri Rawatpura Sarkar University, Raipur



# **Examination Scheme & Syllabus**

### For

# **B.A.** Psychology (Hons.)

# Semester (IV)

(Effective from the session: 2022 - 23)



### Shri Rawatpura Sarkar University, Raipur Faculty of Arts

#### Bachelors of Arts (B.A) Psychology Examination Scheme (Effective from the session: 2021-22) Semester – (III)

S.N	Pape r Cod	Th/ Pr	Name of Paper	ame of Paper Type Of Paper Paper			eacl ours Per Veo	-	Examination Scheme				ks
	e				L	Т	P	тс	The	eory	Pra al	octic	Total Marks
									Ex.	In.	Ex.	In •	Tot
1	AAH10- 401	Th	Cognitive Psychology	Core	5	1		6	70	30			100
2	AAH10- 402	Th	Personality, Stress and Conflict	Core	5	1		6	70	30			100
3	AAH10- 403	Th	Statistics and Research methodology	Core	5	1		6	70	30			100
4	AAH10- 404	Р	Practicum	Practical			4	2			35	15	50
			·	<b>Total Credits</b>	•	-	·	20	Tota	l Sco	res		350

Course Title	Cognitive Psychology									
Course Code	AAH10-301									
Course Credits	L		Р	ТС						
	3	1		4						
Prerequisites	Introduction of cognitive psychology									
Course objectives	To understand the role of culture in understanding behavior and exploring psychological insights in the Indian thought traditions .									
Course Contents										
Course outcomes1. Students will learn various strategies which will enable them good decisions in life.										
	2. Understand the structural and functional properties of language and the way it helps thought, communication, problem solving and decision making through development of concepts, ideas, images, and so on.									

Text Books	<ol> <li>Baron, R. A. (2002). Psychology (5th Edition), New Delhi, Pearson Education.</li> <li>Feldman, R.S. (2004). Understanding Psychology (6th Edition),</li> </ol>						
	New Delhi, Tata Mc.Graw Hill.						
	3. Dash, U.N., Dash, A.S., Mishra, H.C., Nanda, G.K. & Jena, N. (2004).						
	4. Exercises in Psychology: Learning about Yourself and Others. Panchasila, Bhubaneswa						
References	1. Edward, E. S., & Stephen, M.K. (2007). Cognitive Psychology: Mind and Brain. New Jersey: Prentice Hall India.						
	2. Baron, R.A. (2007). Psychology (Fifth edition) New Delhi: Pearson Prentice-Hall of India.						
	3. Chaplin, P., & Kraweic, T.S. (1974). System and Theories in Psychology. New York: Holt, Rinehart & Winston.						
	4. Marx, M.H. & Hillix, W.A. (1987). Systems and Theories in Psychology. New York: McGraw Hill.						
	5. Morgan, C.T. (1965). Physiological Psychology (3rd edition) Tokyo: McGraw Hill Kogakusha.						
	6. Schultz, D. (1985). A History of Modern Psychology. New York: Academic Press.						
	7. Wolman, B.H. (1973). Handbook of Psychology. New Jersey: Prentice Hall.						
	8. Woodworth, R., & Schlosberg, (1976). Experimental Psychology. NewYork: Holt and Rinehart.						



Course Title	Pers	onalit	y, S	tress	and Conflict							
Course Code	AAH	AAH10-402										
Course	L	Т	Р	тс								
Credits	3	1		4								
Prerequisites	Intro	ductio	on to	Perso	onality, Stress and conflict							
Course objectives	The study of the basic principles, problems and methods that underlie the science of psychology.											
Course Contents	Unit - I         Determinants of personality:         Biological and socio-cultural.         Unit – II         Approaches to the study of personality:         Psychoanalytical, Neo-Freudian,         Social learning, Trait and Type, Cognitive, Humanistic,         Existential Psychology         Unit – III         Exploratory behavior and curiosity         Zuckerman's Sensation seeking         Achievement, Affiliation and Power         Unit – IV         Conflicts:         Sources and types         Unit –V         Stress and Coping:											
		Concept, Models, Type A, B, C, D behaviors, Stress management strategies [Biofeedback, Music therapy, Breathing exercises, Progressive Muscular Relaxation, Guided Imagery, Mindfulness, Meditation, Yogasana, Stress Inoculation Training										



Course outcome	Through this course students will get benefitted to know morely about personality, stress and conflict.
	1. Cervone, D. & Lawrence, P.A. (2013). Personality Psychology (ed. 12). New York: Wiley.
Text Books	2. Cloninger S.C. (2012).Theories of Personality: Understanding Persons (6th Edition).Pearson Education
	3. Feist, J. & Fiest, G. J. (2009). Theories of personality. New York: McGraw Hill
References	1. Friedman, H. S. &Schustack, M. W. (2003). Personality: Classic theory and modern research (2nded.). Singapore: Pearson Education.
	2. Hall, G. C., Lindzey, G., & Campbell, J. C. (1998). Theories of personality (4thed.). NewYork: Wiley.
	3. Larsen, R. J., & Buss, D. M. (2013). Personality Psychology: Domains of knowledge about human nature (5thed.). New York: McGraw Hill



Course Title	Statistics and Research Methodology							
Course Code	AAH10-403							
Course	L T P TC							
Credits	3	1		4				
Prerequisites	Introduction of statistics and research methodology.							
Course objectives	To educate students with the techniques of inferential statistics and Hypothesis Testing.							
					UNIT 1:			
					1. Introduction			
	Psychological Research & Statistics; Descriptive and Inferential Statistics; Variables and Constants; Measurement Scales.							
	2. Frequency Distributions, Percentiles, and Percentile Ranks Organizing Qualitative Data; Constructing a grouped frequency distribution, a relative frequency distribution and a cumulative frequency distribution; Computation of Percentiles and Percentile Ranks.							
	<b>UNIT 2</b> :							
	3. Graphic Representation of Data							
	Basic procedures; The Histogram; The Frequency Polygon; The Bar Diagram; The Pie Chart; The Cumulative Frequency Graph; Factors Affecting the Shape of Graphs. 4. Measures of Central Tendency							
	The Mode; The Median; The Mean; Properties and Relative Advantages and Disadvantages of the Mode, the Median and the Mean; Central Tendency Measures in Normal and Skewed Distributions; The Effects of Linear Transformation on Central Tendency Measures.							
	<b>UNIT 3</b> :							
			5.	Me	asures of Variability and Standard (z) Scores			
		-			equartile and the Semi-Interquartile Range; The Average ance; The Standard Deviation; Calculation of Standard			



Deviation from Raw Scores and Grouped Scores; Properties and Comparison of Measures of Variability; The Effect of Linear Transformation on Variability Measures; Standard Scores (z-score); Properties of z-scores.
6. The Normal Distribution The Standard Normal Curve: Finding scores when the area is known; The Normal Curve as a Model for Real Variables; The Normal Curve as a Model for Sampling Distributions; Divergence from Normality (Skewness and Kurtosis).

#### UNIT 4:

7. Correlation

The Meaning of Correlation; Historical Perspective; The Scatterplot of Bivariate Distributions; Correlation: A Matter of Direction; Correlation: A Matter of Degree; The Coefficient of Correlation; Calculating Pearson's Correlation Coefficient from Deviation Scores; Calculating Pearson's Correlation Coefficient from Raw Scores; Spearman's Rank-Order Correlation Coefficient; Correlation and Causation; The Effects of Score Transformations; Cautions Concerning Correlation Coefficients.



	2021-22
Course outcomes	Through this course, students will get to know about the subject of psychology.
Text Books	<ul> <li>Chadha, N.K. (1991). Statistics for Behavioral and Social Sciences.Reliance Pub. House: New Delhi 8</li> <li>Coolican, H. (2006). Introduction to Research Methodology in Psychology. London: Hodder Arnold.</li> <li>Gravetter, F.J. &amp;Wallnau, L.B. (2009).Statistics for the Behavioral Sciences (9th Ed.). USA: Cengage Learning.</li> <li>King, B.M. &amp;Minium, E.W, (2007).Statistical Reasoning in the Behavioral Sciences (5th Ed.). USA: John Wiley &amp; Sons.</li> <li>Mangal, S.K. (2012).Statistics in Psychology and Education (2nd Ed.). New Delhi: PHI learning Pvt. Ltd.</li> </ul>
Reference Books	<ul> <li>Anastasi, A.(1990). Psychological Testing, New York: MacMillan Co.</li> <li>Das, D. &amp; Das, A. (2008). Statistics in Biology and Psychology. Academic Publishers, Calcutta,(Latest edition)</li> <li>Freeman, S.F.: Theory and practice of Psychological testing. Oxford &amp; IBH publishing Co. Calcutta. Third Edition.</li> </ul>



Course Title	PRACTICUM								
Course Code	AAH10-404								
	L	Т	Р	ТС					
Course Credits	3	-	1	4					
Prerequisites	Ba	asic	Intr	oduction	to Lab Introduction				
Course Objectives	The objective of this course is to help student in understanding about psychological practicals.								
	Psychological testing and understanding of self and others Verbal/nonverbal intelligence test/performance tests.								
		E.P.I.							
	Anxiety test.								
	Depression Scale								
	Adjustment inventory.								
	Achievement motivation.								
	Stress tolerance test.								
Course Contents									

