



TIME TABLE

SEMESTER END/ATKT/SUPPLEMENTARY EXAMINATION, NOV-DEC 2023

DEPARTMENT OF YOGA

PROGRAMME

Date	Day	Duration (Hrs.)	PROGRAMME					
			DIPLOMA IN YOGA & NATUROPATHY	BA IN YOGA STUDIES	BSC (YOGA SCIENCE & THERAPY)	MA YOGA & NATUROPATHY	MSC YOGA & NATUROPATHY	PG DIPLOMA IN YOGA & NATUROPATHY
08TH FEB 2024	THURSDAY	11.00 AM to 2.00 PM	1ST Semester FUNDAMENTALS OF YOGA ADP01-101	1ST Semester FOUNDATION OF YOGA AAH01-101	1ST Semester FOUNDATION OF YOGA SSH01-101	1ST Semester FOUNDATION OF YOGA AMA09-101	1ST Semester FOUNDATION OF YOGA SMS10-101	1ST Semester FOUNDATION OF YOGA APD01-101
10TH FEB 2024	SATURDAY	11.00 AM to 2.00 PM	1ST Semester PRINCIPLES AND PRACTICE OF HATHA YOGA ADP01-102	1ST Semester PRINCIPLE AND PRACTICES OF HATHA YOGA AAH01-102	1ST Semester PRINCIPLE AND PRACTICES OF HATHA YOGA SSH01-102	1ST Semester PRINCIPLE AND PRACTICES OF HATHA YOGA AMA09-102	1ST Semester PRINCIPLE AND PRACTICES OF HATHA YOGA SMS10-102	1ST Semester PRINCIPLE AND PRACTICES OF HATHA YOGA APD01-102
13TH FEB 2024	TUESDAY	11.00 AM to 2.00 PM	1ST Semester HUMAN BIOLOGY-I ADP01-103	1ST Semester HUMAN ANATOMY AND PHYSIOLOGY OF YOGIC PRACTICES AAH01-103	1ST Semester HUMAN ANATOMY AND PHYSIOLOGY-I SSH01-103	1ST Semester HUMAN ANATOMY AND PHYSIOLOGY AMA09-104	1ST Semester HUMAN BIOLOGY-I SMS10-104	1ST Semester HUMAN ANATOMY AND PHYSIOLOGY APD01-104
15TH FEB 2024	THURSDAY	11.00 AM to 2.00 PM	1ST Semester NATUROPATHY PRINCIPLES & TECHNIQUES ADP01-104			FUNDAMENTAL OF NATUROPATHY AMA09-103	FUNDAMENTAL OF NATUROPATHY SMS10-103	FUNDAMENTAL OF NATUROPATHY APD01-103
15TH FEB 2024	THURSDAY	11.00 AM to 1.00 PM		COMMUNICATION ENGLISH AAH01-111	COMMUNICATION ENGLISH SSH01-111			
19TH FEB 2024	MONDAY	11.00 AM to 2.00 PM						HYGIENE, DIET AND NUTRITION APD01-141 / MARMA THERAPY APD01-142

*B. B. B.*

SR/K-12/1836