



TIME TABLE

SEMESTER END/ATKT EXAMINATION, NOV-DEC 2024
DEPARTMENT OF YOGA

28 DEC 2024

R/12/1152

Date	Day	Duration (Hrs.)	PROGRAMME					
			BA YOGA	BSC YOGA	PGD YOGA	DIPLOMA YOGA	MA YOGA & NATUROPATHY	MSC YOGA & NATUROPATHY
			1ST Semester	1ST Semester	1ST Semester	1ST Semester	1ST Semester	1ST Semester
17TH JAN 2025	FRIDAY	11.00 AM to 2.00 PM	FUNDAMENTALS OF YOGA AAH13-101T	FUNDAMENTALS OF YOGA SSH09-101T	FOUNDATION OF YOGA APD01-101	FUNDAMENTALS OF YOGA ADP01-101	FOUNDATION OF YOGA AMA09-101	FOUNDATION OF YOGA SMS10-101
21ST JAN 2025	TUESDAY	11.00 AM to 2.00 PM	HUMAN ANATOMY & PHYSIOLOGY -I AAH13-102T	HUMAN ANATOMY & PHYSIOLOGY -I SSH09-102T	HUMAN ANATOMY AND PHYSIOLOGY APD01-104	HUMAN BIOLOGY-I ADP01-103	HUMAN ANATOMY AND PHYSIOLOGY AMA09-104	HUMAN BIOLOGY-I SMS10-104
23RD JAN 2025	THURSDAY	11.00 AM to 2.00 PM	LEADERSHIP AND PERSONALITY DEVELOPMENT AAH13-121T	LEADERSHIP AND PERSONALITY DEVELOPMENT SSH09-121T	FUNDAMENTAL OF NATUROPATHY APD01-103	NATUROPATHY PRINCIPLES & TECHNIQUES ADP01-104	FUNDAMENTAL OF NATUROPATHY AMA09-103	FUNDAMENTAL OF NATUROPATHY SMS10-103
25TH JAN 2025	SATURDAY	11.00 AM to 2.00 PM	LIFE STYLE MANAGEMENT AAH13-161T	LIFE STYLE MANAGEMENT SSH09-161T	PRINCIPLE AND PRACTICES OF HATHA YOGA APD01-102	PRINCIPLES AND PRACTICE OF HATH YOGA ADP01-102	PRINCIPLE AND PRACTICES OF HATHA YOGA AMA09-102	PRINCIPLE AND PRACTICES OF HATHA YOGA SMS10-102
28TH JAN 2025	TUESDAY	11.00 AM to 2.00 PM	COMMUNICATION ENGLISH AAH13-111T	COMMUNICATION ENGLISH SSH09-111T	HYGIENE, DIET AND NUTRITION APD01-141 / MARMA THERAPY APD01-142			
30TH JAN 2025	THURSDAY	11.00 AM to 2.00 PM	BASIC NUTRITION AAH13-131T/ FOUNDATION OF PHYSICAL EDUCATION AAH13-132T	BASIC NUTRITION SSH09-131T/ FOUNDATION OF PHYSICAL EDUCATION SSH09-132T				

[Signature]
Controller of Examinations
Shri Rawatpura Sarkar University
Raipur (C.G.)