

### Registration Fee (INR)

Category	Offline Fee	Late Fee	Online Fee
Students	₹ 700	₹ 800	₹ 500
Research Scholar	₹ 1200	₹ 1400	₹ 1000
Academician / Professional & Other	₹ 1500	₹ 1700	₹ 1200

Fee for International participants is equivalent to INR  
Note : Registration Fee includes Conference kit, Breakfast, Lunch and Dinner  
Note : Accommodation is available on payment basis

### Important Dates

Last date for Online Registration	15 <sup>th</sup> Feb, 2024
Last date for Registration with late fee	20 <sup>th</sup> Feb, 2024
Last date of Abstract submission	05 <sup>th</sup> Feb, 2024
Last date of full paper submission	15 <sup>th</sup> Feb, 2024



Scan for Registration

OR

Online Registration Through this link  
[https://sru.opencompas.info/superadmin/uni\\_event\\_name\\_list.php](https://sru.opencompas.info/superadmin/uni_event_name_list.php)

### Important Contacts :

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**SHRI RAWATPURA SARKAR UNIVERSITY  
RAIPUR (C.G.)**

**Three-Day International Conference  
on**

**YOGA VENTURE:  
EMBARKING THE JOURNEY OF  
BODY, MIND AND SOUL**

**21-23 February, 2024**

**(Hybrid Mode)**



Sponsored by  
**INTER UNIVERSITY CENTRE FOR YOGIC SCIENCES  
(IUCYS), BENGALURU**

**Organized by**  
Department of Yoga  
Faculty of Arts

**Venue of the Conference :**  
Shri Sai Ram Prekshagrih,  
Shri Rawatpura Sarkar University Campus,  
NH-30, Post Mana, New Dhamtari Road, Raipur (C.G.)



## About the University

By the blessings of Anant Shri Vibhushit Shri Ravishankar ji Maharaj, Shri Rawatpura Sarkar University (SRU) was established in 2018 under Chhattisgarh Private University (Establishment and Operations) Act 2005. The University has approval under 2(f) and 12(b) of the University Grants Commission Act-1956. Shri Rawatpura Sarkar University is the 13<sup>th</sup> Private University in the country to be recognized under section 12(b). The University is a multi faculty and multidisciplinary institution offering Diploma, UG, PG and Ph.D. programmes in Engineering, Management, Pharmacy, Commerce, Science, Arts and Social Science streams. The University was set up with the mission to promote the human well being by imparting quality education in this tribal area of Chhattisgarh. To achieve this mission, we are committed to providing world-class infrastructure facilities, qualified and experienced faculties, research laboratories, outcome-based learning and a conducive and rich learning environment. The university is spread over 65 acres of lush green land and is offering a wide variety of educational programs to meet the requirements of the industry and researchers. We are committed to providing world-class education by maintaining the highest standards in our curricular, co-curricular and extra-curricular activities. The passing out graduates of the University will be equipped with the desired knowledge, skills and competence to confidently meet the challenges of the corporate world and the contemporary society.

## About the Department of Yoga

The Department of Yoga was started in the year 2018 at Shri Rawatpura Sarkar University, Raipur. It conducts various Programmes in Yoga Science and Naturopathy such as B.A. and B.Sc. in Yoga, M.A. and M.Sc. in Yoga and Naturopathy, P.G. Diploma in Yoga and Ph.D. Programme in Yoga. The Department is opening new dimensions in the field of Yoga Education, Practice and Therapy to meet out the global need with coordination and collaboration with National and International institutions. Yoga is such a vast subject and its broad scope includes science, philosophy, psychology, medicine, complementary and alternative medicine, etc. The main aim of the department is to promote physical, mental and spiritual well-being through the practice of yoga.

## About the Conference

The proposed conference, "Yoga Venture: Embarking on the Journey of Mind, Body, and Soul," aims to delve into the holistic exploration of yoga and its profound impact on the interconnected realms of the mind, body, and soul. This

event seeks to bring together practitioners, enthusiasts, and experts in the field of yoga to explore the multifaceted dimensions of this ancient practice.

The conference will feature keynote speeches, panel discussions, interactive sessions, and paper presentations. It aims to encourage active participation and engagement among attendees, fostering a platform for learning, sharing experiences, and networking. The conference "Yoga Venture: Embarking on the Journey of Body, Mind, and Soul" seeks to celebrate the transformative power of yoga while providing a platform for individuals to explore deeper into their personal yogic journeys, fostering a greater sense of well-being and self-discovery.

### Objectives of Conference-

- To understand the symbiotic relationship between body, mind, and soul in the practice of yoga.
- To explore the transformative power of Yoga in holistic well-being and mental health.
- To develop into the spiritual aspects and the deep-rooted philosophy within the practice.
- To showcasing diverse yoga practices, techniques, and their applications.
- To discussing the modern adaptation and fusion of yoga with technology and innovation.
- To exploring the cultural, historical, and global significance of yoga.
- To enhance the understanding of yoga to meet the global need and challenges.
- To enhance understanding of yoga for intellectual exchange and experience sharing for spiritual growth of an individual.
- To enhance the ability to connect the people and all form of life with open compassionate heart.
- To develop self awareness and spontaneity among the participants.
- To promote healing, balance and inner peace in the participants.

### Sub themes of the Conference-

- 1.Exploring the Interconnectedness of Body, Mind, and Soul.
- 2.Harmony Within: Aligning Body, Mind and Soul.
- 3.Yoga Practices for Nurturing Body, Mind and Soul.
- 4.A Journey of Wholeness - Integrating Body Mind and Soul in Communication Excellence.
- 5.Importance of integrating Body, Mind and Soul.
- 6.Existing Theories and Practices in Holistic Communication or Related Fields.
- 7.Potential Benefits and Impacts of Adopting this Holistic Approach.
- 8.The Importance and Potential Outcomes of Integrating Mind, Body, and Soul.

### Who Should Attend?

Yoga practitioners, instructors, researchers, healthcare professionals, spiritual leaders, enthusiasts, and anyone interested in exploring the profound impact of yoga on holistic well-being.

**Email I'd for abstract & full paper submission**  
([yoga.iucys@sruraipur.ac.in](mailto:yoga.iucys@sruraipur.ac.in))

### Guideline for Paper Submission-

- ✓ Abstract- 250-300 words and full length paper 2500-3500 words must be submitted as a MS Word file. (PDF format is not accepted).
  - ✓ Before submitting your paper, please ensure that the language used is clear, concise and coherent.
  - ✓ Font size & Fonts – English: Times New Roman (Font Size:12), Hindi: Mangal (Font Size:14)
  - ✓ All the citations should be furnished in the Works Cited section at the end of the paper.
  - ✓ An early submission of the full paper for publication will be highly appreciated.
  - ✓ Papers will be accepted subject to scrutiny and editorial review.
  - ✓ Selected papers will be published in Peer reviewed Journal.
  - ✓ All presenters must register by paying full registration fees by 15th February 2024 failing which their papers may not be included in the conference programme.
  - ✓ If there are more than one authors for a paper, separate Registration and payment is required to be done.
- Award- Best paper award (for presentation) & Best paper award (for Quality Research Paper)**

### Eminent Speakers

1. Sant Namdev, International President of Vihangam Yoga, U.S.A.
2. Prof. Balram Singh, President, Institute of Advance Sciences USA.
3. Prof. Deonder, Professor, Universitas Hindu negeri 1 Gusti Bagus Sugriwa, Bali, Indonesia
4. Prof. Bhagwant Singh, Former Prof. & Head, Department of Philosophy and yoga & Former Dean Faculty of Arts, Pt.RSU, Raipur C.G.
5. Dr. Somveer Arya, Director, Indian Cultural Center, Embassy of India, Surinam, South America
6. Sister Janki, Founder Brahmakumaries Ishwariya Vishwavidyalaya, Bali, Indonesia
7. Prof. Hansa ji Yogendra, Director of the Yoga Institute in Mumbai, India